



基礎營養

宏量營養素

宏量營養素是基本營養素之一，由蛋白質、脂肪和碳水化合物組成。

蛋白質

功效 — 促進組織的增長、維護和修復。它能幫助您的身體維持活力，並隨著年齡增長促進和維持肌肉強健。

您知道嗎 — 根據美國食品及藥物管理局的建議，每天攝取25克大豆蛋白能有效降低血膽固醇，減低患上心臟病的機會。要建立強健體魄，健康心臟必不可少。



0415
全植物蛋白質粉

2578
綠茶味蛋白質粉



7580
朱古力味蛋白質粉



基礎營養

紐崔萊™全植物蛋白質粉



誰需要它？

日常攝取的蛋白質都伴隨著高脂肪或膽固醇，影響心臟健康。紐崔萊™全植物蛋白質粉非常適合想攝取有益心臟健康的植物性蛋白質的人士。

為何選擇紐崔萊™？

全天然營養成分，不含乳糖及膽固醇，脂肪含量極低。含9種人體必需氨基酸，獲國際公認的蛋白質評分標準「蛋白質經消化修正的氨基酸評分值」（PDCAAS）評定為1，能被人體完全吸收。

每10克紐崔萊™全植物蛋白質粉可提供：
蛋白質 8克

能量、肌肉和心臟健康

很多人都知道蛋白質是健康飲食的基本營養，但可能未必知道它在強健並修復骨骼、肌肉和血液方面的重要作用。低脂、無膽固醇的紐崔萊™全植物蛋白質粉能夠為您提供維持能量和整體健康所需的蛋白質和氨基酸。

0415 450克
建議用量：將1匙加入225毫升冷開水，攪勻至溶解。

知多點

純天然植物配方，集合3大植物蛋白：

大豆 - 低脂、低卡路里的蛋白質來源，含大豆異黃酮素，有助骨骼健康。

小麥 - 植物蛋白的主要食物來源，脂肪含量極低，有助心臟健康。

豌豆 - 與大豆及小麥合成「優質蛋白質」，包含9種人體必需氨基酸。





基礎營養

紐崔萊™綠茶味蛋白質粉



能量、肌肉和心臟健康

很多人都知道蛋白質是健康飲食的基本營養，但可能未必知道它在強健並修復骨骼、肌肉和血液方面的重要作用。紐崔萊™綠茶味蛋白質粉能夠為您提供維持能量和整體健康所需的蛋白質和氨基酸。

2578 450克

建議用量：將2匙加入200毫升冷開水，攪勻至溶解。

誰需要它？

日常攝取的蛋白質都伴隨著高脂肪或膽固醇，影響心臟健康。紐崔萊™綠茶味蛋白質粉美味可口，非常適合想攝取有益心臟健康的植物性蛋白質的人，讓你在補充蛋白質的同時，亦能滿足味蕾的享受。

為何選擇紐崔萊™？

含9種人體必需氨基酸，獲國際公認的蛋白質評分標準「蛋白質經消化修正的氨基酸評分值」（PDCAAS）評定為1，能被人體完全吸收。

每23.5克紐崔萊™綠茶味蛋白質粉可提供：
蛋白質 8克
鈣 250毫克



基礎營養

紐崔萊™朱古力味蛋白質粉



能量、肌肉和心臟健康

很多人都知道蛋白質是健康飲食的基本營養，但可能未必知道它在強健並修復骨骼、肌肉和血液方面的重要作用。紐崔萊™朱古力味蛋白質粉能夠為您提供維持能量和整體健康所需的蛋白質和氨基酸。

7580 500克

建議用量：將2匙加入200毫升冷開水，攪勻至溶解。

誰需要它？

日常攝取的蛋白質都伴隨著高脂肪或膽固醇，影響心臟健康。紐崔萊™朱古力味蛋白質粉美味可口，非常適合想攝取有益心臟健康的植物性蛋白質的人，讓你在補充蛋白質的同時，亦能滿足味蕾的享受。

為何選擇紐崔萊™？

含9種人體必需氨基酸，獲國際公認的蛋白質評分標準「蛋白質經消化修正的氨基酸評分值」（PDCAAS）評定為1，能被人體完全吸收。

每24.2克紐崔萊™朱古力味蛋白質粉可提供：
蛋白質 10.6克
鈣 140毫克



Foundational Nutrition

MACRONUTRIENTS

Macronutrients refer to the essential nutrients that we need, including protein, fats and carbohydrates.

Protein

WHAT IT DOES - Required for the growth, maintenance, and repair of tissues. It helps your body stay energized, and build and maintain lean muscle even as you age.

DID YOU KNOW - According to the Food and Drug Administration (FDA), consumption of 25 grams of soy protein per day may lower blood cholesterol level and therefore reduce the risk of heart disease. For a better and healthier you, a healthy heart is the way to start.



0415
Nutriline™ All Plant Protein Powder

2578
Nutriline™ Green Tea Protein Powder



7580
Nutriline™ Chocolate Protein Powder



Foundational Nutrition

Nutriline™ All Plant Protein Powder



WHO NEEDS IT?

Most of the protein that we consume is often associated with high levels of fat or cholesterol. Nutriline™ All Plant Protein Powder is great for people who want to supplement their protein intake with a heart-healthy, vegetarian source.

WHY NUTRILITE™?

All-natural plant sources, it is lactose-free, cholesterol-free and low-fat. With a Protein Digestibility Corrected Amino Acid Score (PDCAAS) of 1, this protein powder provides all 9 essential amino acids in the form of high-quality, high-absorption protein.

Every 10 grams of Nutriline™ All Plant Protein Powder provide:

Protein 8 g

TALKING POINTS

Pure natural plant formula combining 3 vegetable sources of protein:

Soy - Source of low-fat and low-calorie protein, it contains isoflavones which can promote bone health.

Wheat - The leading source of vegetable protein in food. Its low fat content makes it beneficial to heart health.

Pea - Together with soy and wheat, it offers a "complete protein", which includes 9 essential amino acids.

ENERGY, MUSCLE, AND HEART HEALTH

Most people know protein is a basic nutrient in a good diet, but they might not realize it's essential to build and repair bones, muscles, and blood. Nutriline™ All Plant Protein Powder is low-fat and cholesterol-free, giving you the protein and amino acids you need for energy and overall health.

0415 450 g

Suggested usage: Add 1 tablespoon into 225 ml of cool water and stir until dissolved.





Foundational Nutrition

Nutrilite™ Green Tea Protein Powder



WHO NEEDS IT?

Most of the protein that we consume is often associated with high levels of fat or cholesterol. Nutrilite™ Green Tea Protein Powder is great for people who want to supplement their protein intake with a heart-healthy, vegetarian source. It can be served as a delicious drink, ensuring to give your taste buds enjoyable pleasure.

WHY NUTRILITE™?

With a Protein Digestibility Corrected Amino Acid Score (PDCAAS) of 1, this protein powder provides all 9 essential amino acids in the form of high-quality, high-absorption protein.

Every 23.5 grams of Nutrilite™ Green Tea Protein Powder provide:

Protein	8 g
Calcium	250 mg

ENERGY, MUSCLE, AND HEART HEALTH

Most people know protein is a basic nutrient in a good diet, but they might not realize it's essential to build and repair bones, muscles, and blood. Nutrilite™ Green Tea Protein Powder gives you the protein and amino acids you need for energy and overall health.

2578 450 g

Suggested usage: Add 2 tablespoons into 200 ml of cool water and stir until dissolved.



Foundational Nutrition

Nutrilite™ Chocolate Protein Powder



WHO NEEDS IT?

Most of the protein that we consume is often associated with high levels of fat or cholesterol. Nutrilite™ Chocolate Protein Powder is great for people who want to supplement their protein intake with a heart-healthy, vegetarian source. It can be served as a delicious drink, ensuring to give your taste buds enjoyable pleasure.

WHY NUTRILITE™?

With a Protein Digestibility Corrected Amino Acid Score (PDCAAS) of 1, this protein powder provides all 9 essential amino acids in the form of high-quality, high-absorption protein.

Every 24.2 grams of Nutrilite™ Chocolate Protein Powder provide:

Protein	10.6 g
Calcium	140 mg

ENERGY, MUSCLE, AND HEART HEALTH

Most people know protein is a basic nutrient in a good diet, but they might not realize it's essential to build and repair bones, muscles, and blood. Nutrilite™ Chocolate Protein Powder gives you the protein and amino acids you need for energy and overall health.

7580 500 g

Suggested usage: Add 2 tablespoons into 200 ml of cool water and stir until dissolved.